

Many of Rhode Island's Libraries and Senior Centers provide in person Tech Support:

Link to RI Libraries:

<https://oslri.org/library-locator/>

Link to RI Senior Centers:

<https://oha.ri.gov/what-we-do/connect/senior-resource-centers>

## SENIOR PLANET

FROM AARP

Senior Planet is about much more than the latest gadgets, apps, and websites. We are a nonprofit organization that brings older adults together. Our free classes, articles, videos, and activities help seniors learn new skills, save money, exercise, make new friends, and so much more. Here's what you can explore daily with Senior Planet:

Online classes

- Original articles for older adults
- Our social media platform Senior Planet Community - exclusive to seniors
- Additional resources, like tech tip videos, how to use Zoom, and more!



## Tech Time

Technology has changed so much over the past few years that now instead of needing a special piece of equipment, there is an App for that, or a built in Accessibility Feature that can make smartphones or tablet benefit almost everyone. However, older adults may need more training than their younger counterparts due to several challenges they may experience with using technology. ATEL Tech Time is a program focusing on helping to bridge the digital divide of older adults and individuals with disabilities. We do trainings at Libraries, Senior Centers, Senior Housing, and public spaces; if you are aware of a location that needs support, please contact the ATEL Program at (401) 486-3325.

Classes are taught in English, but with advance notice, we can provide interpreters.

<https://ors.ri.gov/programs/adaptive-telephone-equipment-loan-program-atel>



## Rhode Island Tech Support

Scan the QR codes for information on in person and virtual tech support, on-line classes, webinars and resources.

The ATEL Program is looking to both improve access and acquisition of technology, to individuals with disabilities, which include most of our elderly, but also making sure that there are opportunities to receive Tech Training around the state both in person and virtual.

In addition to free Tech Training from **ATEL Tech Time**, we offer around the state. We also provide FREE landline or wireless devices (tablets or smartphones) to RI residents that have a hearing, speech or neuromuscular disabilities and meets an income criterion.



## Cyber-Seniors Virtual Program

Founded in 2015 by the creators of the award-winning documentary film CYBER-SENIORS, this non-profit organization provides older adults with tech-training using an intergenerational, volunteer model. Young people are provided with lessons and learning activities to train them to act as digital mentors and older adults gain access to effective technology training and intergenerational communities that keep them socially connected and engaged.

Since the inception, URI has worked with this international non-profit organization Cyber-Seniors®: Connecting Generations whose goal is to “bridge the technology and generational gap by teaching older adults to use technology.” Each semester, URI students mentor older adults to effectively use devices like smartphones, tablets and laptops. This has led to the URI Engaging Generations Cyber-Seniors Program providing assistance to over 1,690 older adults with about 490 student participants between 2016-2023.

If you are an older adult looking for tech help, call us toll-free at 844-217-3057, where train volunteers are standing by to answer their tech questions and to help them sign up for on-line training classes.

Book a 45-minute one-on-one phone call with a young person to get help with your device. A volunteer will call you at the date and time you have chosen.

- Sign up for daily webinars.
- Register on-line for a group session or one on one tech support.
- Access the over 1200 training tutorials.

Classes are taught in English, Spanish, and French.

<https://cyberseniors.org/free-tech-help/>



## The URI Engaging Generations Cyber-Seniors Program

They have different models for students to meet with older adults. They work with community partners to decide what model would work best based on student availability, geographic location, partner scheduling needs, and older adults’ interests.

- One-on-One and Group sessions with URI student mentors. URI student mentors are available to meet via phone, virtual, or in-person at select community partner locations.
- Zoom meetings. Faculty and student mentors facilitate meetings about various topics, including Rhode Island programs and health-related resources, and older adults sign-up to participate.
- URI & Site Partnership. Faculty assign students in their classes to partner with a community site. Each student is matched with an older adult from that site to bridge the generational gap.

Students are also involved in creating on-line Tech Resources.

<https://web.uri.edu/cyber-seniors/tech-resources/>

