



HARD-OF-HEARING PEER SUPPORT GROUP

Life in Motion

*Real-World Communication for
Hard-of-Hearing (HOH) Adults*



Join other HOH individuals in a supportive space to share experiences, learn new communications strategies, and connect with peers who understand the challenges of hearing loss.

This month is a discussion on navigating communication when life isn't stationary or predictable.

Light refreshments will be served.

LEARN MORE

Visit [oscil.org/events](https://www.oscil.org/events) to see upcoming events and information.



Monday

FEB. 9

🕒 2PM – 3PM



OCEAN STATE CENTER
FOR INDEPENDENT LIVING

📍 1944 Warwick Ave, Warwick, RI

We'll explore:

- **Communicating in fast-moving settings.**
Meetings, classes and appointments
- **Strategies for situations without devices or transcribers.**
Wet environments, pools, ocean, and sailing
- **Managing group conversations when hands are full, or space is limited.**
- **Handling unexpected or high-pressure moments.**
- **Reducing social anxiety and avoiding burnout.**
- **Sharing practical, real-life tips from lived experience.**



📌 **RSVP REQUIRED SPACE IS LIMITED**

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🗣 Captions will be provided.